

Vol 13 #02 August 2024 Editor: John Vannereau jamv2903@hotmail.com

70 Lissiman Street, Gosnells, WA. 6110 ABN 38 030 506 759



Founded by the Rotary Club Of Southern Districts in 2012





Proudly supported by Amaroo Village, Lotterywest, City of Gosnells, Department of Veteran Affairs' Community Bank Canningvale (Bendigo Bank) & Act Belong Commit.

PATRON: Terresa Lynes - Mayor City of Gosnells.

# Office Bearers

Chairman Scott Henderson **Vice Chairman** Robert Wood Phil Measday Treasurer Ted Evans Secretary

**Committee Members:** Geoff Bowra, Colin Sears, Doug Blair, Neil Kenneady and

Carlton D'Souza

Workshop Manager: Chris I'Anson

The Shed Phone number: 08 9398 4064; Shed email - secretary.gcms@gmail.com

Shed's website address is https://gosnellsmensshed.org/

#### **MISSION STATEMENT**

The Gosnells Community Men's Shed promotes and fosters men's health and well being in a friendly and Safe environment.

#### **VISION**

To be recognised as a progressive community-based organisation working in the community. To be a place where men of all ages and backgrounds meet in friendship.

## **VALUES**

A respectful and caring environment where participation in activities and contribution to the efficient and harmonious operation of the Shed are recognised as being of equal value.

#### **DIARY DATES** (See details further on in NL)

29th Aua Father's day event Bunnings Maddington – some volunteers required;

25th Oct Wine & cheeses function – Wiltshire room

#### **NOTICE TO MEMBERS - MEMBERSHIP FEES**

## FOR 2024/2025 ARE DUE FOR PAYMENT BY 31st July, 2024

IF YOU HAVE ALREADY RENEWED YOUR MEMBERSHIP FOR 2024/2025 PLEASE IGNORE THIS NOTICE

The Committee of Management has determined that the membership fee for the year commencing 1 July 2024 will remain at \$95 per annum

Amaroo residents will receive a discounted rate.

**Payment methods** are by **Bank transfer, Eftpos or Cash**.

For <u>Bank Transfers</u> the details of our bank account were detailed in the Secretary's email to Members, check with the Office for details if required.

**Very Important** - Please ensure that you include your <u>last name and first initial as a reference (e.g. JonesW)</u> on the bank transfer to ensure your payment is recorded correctly.

<u>Cash and Eftpos payments</u> will need to be made in person to the Shed Office.

# Please note cash must not be posted.

# Thank You. Phillip Measday - Secretary Gosnells Community Men's Shed Inc

If you will not be renewing your membership this year, please advise the secretary by email at <a href="mailto:secretary.gcms@gmail.com">secretary.gcms@gmail.com</a> or contact the office on 9398 4064. This will ensure that your name is removed from follow up contact and mailing lists.

#### AGM.

# **Management Committee 2024/2025**

Committee elected at Annual General Meeting held on Wednesday 14th August, 2024

At the Annual General Meeting held last Wednesday the shed had received nominations for all but one of the Committee positions. At the Annual General Meeting nominations were called from the floor to fill the one vacancy. Two members nominated Carlton D'Souza and Neil Kenneady. Our Rules of Association stipulates that we must have a minimum of four ordinary committee members but there is no higher limit. The meeting determined we accept both nominations making a total of nine members on the Management Committee.

The 2024/2025 Management Committee is: -

Chairman Scott Henderson
Vice Chairman Robert Wood
Treasurer Ted Evans
Secretary Phil Measday

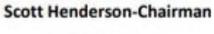
## **Committee Members**

Geoff Bowra
Colin Sears
Doug Blair
Neil Kenneady
Carlton D'Souza
Scott Henderson
Chairman 2023/2024

Secretary email. <a href="mailto:secretary.gcms@gmail.com">secretary.gcms@gmail.com</a>



# 2024 -2025 Management Committee





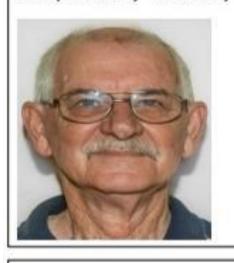
Robert Wood – Vice Chairman



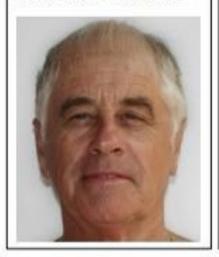
Ted Evans - Treasurer



Phillip Measday - Secretary



Geoff Bowra -Committee



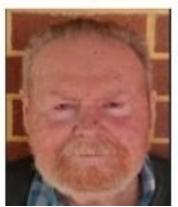
Colin Sears - Committee



Doug Blair - Committee

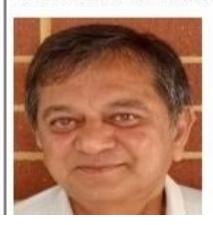


Neil Kenneady-Committee



Your Shed! Our Shed! Our Juture!

Carlton D'Souza - Committee



# Introducing the New Editor of the Newsletter – John Vannereau

First and foremost, a big thank you to Gordon Hamilton, on editing the Newsletter for 12 years.

If I am to match or exceed his tenure, I will be well on the way to receiving a telegram from the King or nurturing a bunch of flowers!

I will endeavour to maintain the high standard set by Gordon, especially the humorous, as mine has been classed as wacky, weird and at times inappropriate.

### **About Me**

I worked for a Mining Company in the hills at Jarrahdale from mid-last century to early this century. Apart from a few years digging/shifting dirt with heavy machinery, I moved onto the Maintenance Staff (colloquially known as Wally World), where I became Mobile Egpt Maintenance Planner. This encompassed liaising with Vendors, Scheduling O/H's & running the Maintenance budget & sitting on too many meetings!

Many years later, I moved into the Supply Chain and became an Inventory Specialist (Yup, that was the official title). Again, heavily involved in Liaising with Vendors, End Users & Stores Personnel to overcome myriad problems (Try unravelling the conundrum of; is it a Box of Cartons or is it a Carton of Boxes?).

I have been a heavy user of computers since the advent of Dumb Terminals, so I can consider myself computer literate, plus having built a few units. Some think that I equate to the original **Computer Terminals!** 

Am an avid reader, the one who on finding nothing to read, will peruse the Weet-bix box.

My love of the written word led me to Tutor for several years with the Read Write Now Literacy & Numeracy program, only giving that up because it interfered with my caravanning.

I am also the Editor of the <u>ATRVC</u> 'Traveller' magazine, so there may be some cross pollination between the two editions.

I am often travelling with the caravan, but maintain contact via a RVWiFi system, mostly successful, except on the Hyden-Norseman Rd recently, no TV, radio or phone coverage!

I have big shoes to fill, and I only have small feet, so make allowances whilst I get up to speed

on Shed matters.

Thed: John Vannereau





"No WAIT, I'm not quite ready to submit it yet! Just need to go over it one more time..."

# **Computer and Technology Group:**

# Technology Help Desk Friday 9:30 — 12pm

Help in any area of technology including PC's, laptops, tablets, iPads, phone, camera, TV's, photography and any software package (Windows, Apple IOS or Android).

## Book a time slot:

Put your name down for the next available Friday's time slot and describe your problem on the whiteboard in the computer room. Consults are up to two and a half hours. No House calls!

These sessions will end 31 August and recommence early December.

I will require you to wear a face mask. No mask, no help.

Free to all shed members.

# Windows 10 / 11 and Android Classes Mondays at 9:30 – 12pm

This session has turned into a discussion where we cover both Windows your PC and Android on your phones. The final session was held on Monday 30 July. I hope we all learnt something and I enjoyed conducting these sessions.

The Windows and Android Classes will return in January 2025. So keep an eye out for notices in the newsletter and notice board.

André

# Free to all shed members.



# **Membership**

# Welcome to the following new Members



Bruce. Andrew



Haes. Chris



Hubble. Frank



Kennedy. Neil



McGuire. Peter



Sharp. Phil



Young. Trevor

# **Containers for Change Recycling**

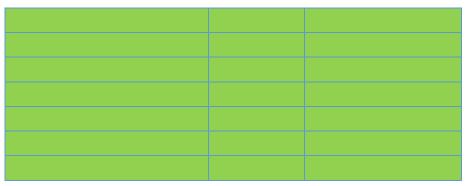
Ryan Banting, who is the son of our member Chris Banting, has made a generous donation of bottles and cans toward our containers for change recycling.

Ryan runs a transport business and has picked up these containers for recycling as he has gone around. He has done this after Chris mentioned to him that we do recycling. We thank him very much.



Your Shed! Our Shed! Our Future!

No feedback forthcoming.



Please check the roster on the Notice Board to confirm dates!

**Workshop Managers Report**—Nothing to report.

# **Health & Wellbeing**

If you are aware of any of our members who are unable to attend due to poor health please let Graham Hughes know.

It's that time of the year again to get your annual flu vaccination to help protect yourself and your community.

#### **Social Activities**

The presentation on Tuesday 16 July by Department of Fire & Emergency Services was conducted by Luke Smith & members of the Maddington Fire Station. The 18 members who attended learnt about home fire & safety, bushfire plans, the importance of smoke alarms, dangers around Lithium Ion batteries and general information about DFES & roles within the community.

After a member approached me about having a talk regarding what to do if a spouse passes away at home I made contact with Seasons Funeral Homes in Canning Vale and a talk has been organised for next week.

It is very pleasing to see the last few talks held in the Wiltshire Room were well attended. This makes it worthwhile for the presenters.

It would be appreciated if any members would like a specific topic to be talked about please do not hesitate to contact me.

Kind regards,
Graham Hughes
Welfare Officer 0419 514 631
email grahamchrishughes@bigpond.com

## **ACTIVITIES CGMS**

Walking Group: Walk from the Shed every Monday and Wednesday mornings at 08:00. All members welcome to join in!

#### **ART GROUP:**

The Group is being looked after in Tony's absence.

**GOLF GROUP REPORT** - No report

**MODEL GROUP REPORT - No report** 

Unable to afford a panel sander, Ned still saved valuable time with his team of 80 grit cats.

**MUSIC GROUP - No report** 

Due to the lack of input from the above groups, am resorting to page fillers. Sorry fellas, no P3 as per the much lamented (or forgettable) NOTW scandal sheet.





#### **Table Tennis**

We cater for all players and their limitations. For those that may suffer from visuo-spatial awareness, we have Brian demonstrating the specialised equipment on hand to assist.

Not sure if Brian won or his opponent cried foul!

# **Cycling Group**

Hi Everyone!

I believe we've got a new Shed Newsletter Editor, the first new editor for me since joining our shed about 8 years ago, and I would like to personally thank Gordon Hamilton for all the terrific work he has done. I'm sure I speak for everyone!

John, our new editor, is one of our cycling group members, and that is how we originally met .

The last month or so, the weather hasn't been the best for our outdoor pursuits, with two of our Thursday rides cancelled, so instead were turned into a cafe chat. So we still caught-up, with one being at the 'Vale Shopping Centre', cnr Warton and Amherst, Canning Vale, and the more recent cafe meet-up was at the 'new' Southern River Shopping Centre.

The Thursdays we could ride, were to the great 'For Purpose' cafe in Forrestdale, in the

industrial area, a wonderful place, then another week was to a favourite of ours, 'Lo Quay' cafe in Riverton, near the bridge.

Our most recent ride, covering 34 kms, was to the Tomato Lake cafe in Belmont, but not just the straight shortest way, oh no! We followed the dedicated bike path along the Roe and Tonkin Hwys, before turning west to Tomato Lake for our coffee and cakes, then taking the 'easy way' home, following the railway line, observing all the construction in progress, hoping it'll be finished 'mid 2025' as we're being led to believe!

We ride every Thursday forenoon, currently starting out at 8-30, getting home around

'midday', so if you want to try something new, why not come along?

David Gardiner Photo Graeme Gurney



Coffee & Cake at Tomato Lake

# **Kitchen Fiascos**



How to keep the Grandies quiet

Tired of boiling water every time you make pasta? Boil a few gallons at the beginning of the week and freeze it for later.



When your cooking is so bad even the ingredients are horrified by what you've done to them







When you are so bad at cooking that you accidentally make Lava



Your Shed! Our Shed! Our Future!

# ONLY THE MEN WILL UNDERSTAND!

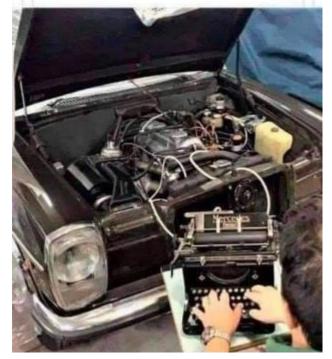




Making Paper!
The beauty of the natural world, unfettered by political correctness.

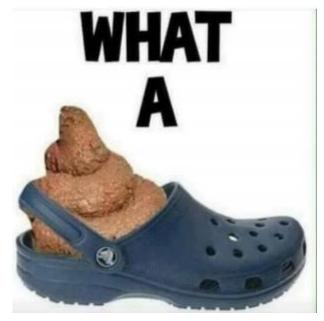


When the young mechanics ask you how you did tuning before laptops, show them this!



Loving my new gravy boat that I found at my grandads house.





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