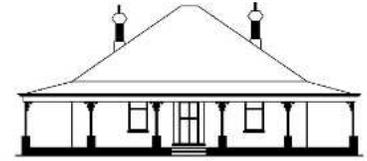


The Gosnells Community Mens Shed Shed News



Lewis Homestead

February 2026 Vol 14 #08

Editor; John Vannereau

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ABN 38 030 506 759



Founded by the
Rotary Club of
Southern Districts
in 2012

Proudly supported by:
Amaroo Village
Act Belong Commit
City of Gosnells
and
State Government Grants



Proud Partner of Act
Belong Commit,
supporting good
mental health in our
community

Mental Health WA : actbelongcommit.org.au

Patron: Teresa Lynes - Mayor City of Gosnells.

Office Bearers

Chairman *Scott Henderson*

Vice Chairman *Geoff Bowra*

Secretary *Phil Measday*

Treasurer *Ted Evans*

Committee Members: *Colin Sears, Neil Kenneady and Carlton D'Souza, Dan Caporn*

Workshop Manager: Contact email: shedmgr.gcms@gmail.com

The Shed Phone number: 08 9398 4064

Shed email; - secretary.gcms@gmail.com

Mission Statement

The Gosnells Community Men's Shed promotes and fosters men's health and well being in a friendly and safe environment.

Vision

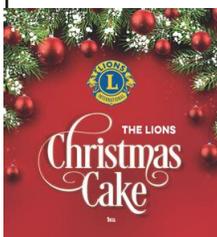
To be recognised as a progressive community based organisation working in the community.
To be a place where men of all ages and backgrounds meet in friendship.

Values

A respectful and caring environment where participation in activities and contribution to the efficient and harmonious operation of the Shed are recognised as being of equal value.

DIARY DATES

(See details further on in NL)



*A big thank you to all members who purchased the Lions Christmas Cakes last year and to the Shed Committee for allowing us to sell them in the lead up to Christmas.
A very successful sales period this time.*

*Brian Beech
Lions Club of Gosnells*



COMING SHED SOCIAL EVENTS.

Tuesday 24th February

Advocare - Talk Aged Care Rules explained - at the shed 10am.
Herbie Emergency bags - Short talk following the Advocare presentation.

Friday 13th March Visit to Maritime Museum, Fremantle

Friday 10th April Visit to Jadran Winery

Friday 15th May Lunch at Bentley Tafe Pines Restaurant

Other events-Details to be advised in due course



Who remembers the Golden Fleece servo in Gosnells & where was it located?

Golden Fleece Company

Defunct Australian retail fuel chain

Golden Fleece was an Australian brand of petroleum products and service stations operated by Harold Sleigh and Company, a business founded in Melbourne, Australia in 1893 by shipowner and merchant Harold Crofton Sleigh and manufacturer and shipowner John McIlwraith. According to one account, Sleigh started in the petroleum trade in 1913, when a customer was unable to pay freight on a shipment of motor spirit, and the company took possession of the consignment. He later sold the tins of "motor spirit" at a significant profit, leading to the idea for reselling fuel. In 1917, Sleigh registered the trade name "Golden Fleece" for "illuminating, heating and lubricating oils, including petrol, benzine and kerosene", and the following year was clearly marketing "benzine" as a fuel for motorcycles. Initially, the company sold motor spirit in drums only—the first Golden Fleece pump being installed in 1920.

Golden Fleece was a pioneer of single-branded service stations (as opposed to the more common multi-brand offerings of the era), and its distinctive "golden merino" trademark was soon a common sight for Australian motorists.

For further information on this Aust. firm refer : https://en.wikipedia.org/wiki/Golden_Fleece_Company

New Members



Christian Thomas

Christian Thomas has re-joined the Shed after a long absence. He was last a member in 2019/20



You can tell this photo is fake because the road has no potholes..



If you notice a member has a yellow dot on their badge, it signifies a new member. Please make them feel welcome, say g'day, chat with them at morning tea, etc

GCMS Caps



Available from front office \$20

If any members are feeling unwell I wish you a speedy recovery and hope to see you at the shed in the near future. If you are aware of any of our members who are unable to attend due to poor health please let Graham Hughes know.

In regards to The Quiet Area at the Shed, members should not feel embarrassed if they have issues and would like to discuss over a coffee to talk about what's on their mind.

The next talk is on Tuesday 24 February at 10am in the Wiltshire Room to be conducted by Robert from Advocare -understanding your aged care options. Advocare can help you learn more about aged care services, your rights and how they can support you. Come along to hear about access to aged care and advocacy assistance, information on elder abuse and help line, planning for the future and staying safe. Advocare - Empowering older people in W A. Members and partners are all encouraged to attend to learn about the new changes to the Federal Government rules late last year.

There will also be a brief presentation about a Hospital Emergency Resource Bag "Herbie". This came about after a request from someone whose family member had a medical emergency and he believes having information pre-prepared would have made things smoother.

Once again it is extremely important that we can get as many members as possible to come to these talks as the presenters are volunteers the same as our members and give up their time to keep members informed about their subject. I hope to see a good turn out for this presentation.

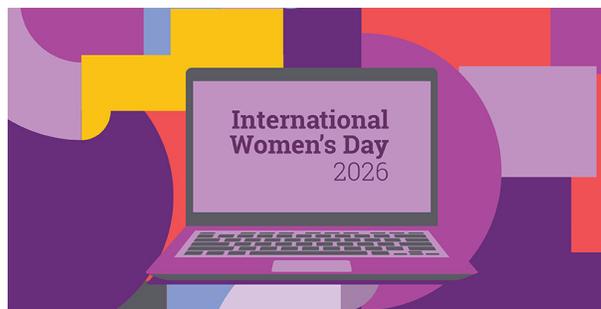
It would be appreciated if any members would like a specific topic to be talked about please do not hesitate to contact me.

Also, if any members have any ideas such as off site tours we would be happy to follow up to see if it could happen.

Social Activities

We are looking to obtain another grant for Yoga classes, will keep you informed.

To celebrate National Women's Shed Week 2026 the Gosnells Women's Collective is having a free Open Day on Sunday 8 March from 9am to 12pm at 27 Birchington Street, Beckenham. Some members/partners/friends may be interested to tour the shed, see a woodwork demo or buy a Devonshire tea and learn what the women get up to in their shed.



Kind regards,
Graham Hughes
Welfare Officer 0419 514 631
email grahamchrishughes@bigpond.com



Computer and Technology Group:

Technology Help Desk

Mondays at 9:30 – 12pm

Friday 9:30 – 12pm

Help in any area of technology including PC's, laptops, tablets, iPads, phones, cameras, TV's, photography and any software package (Windows, Apple IOS or Android).

No booking required. If you see me at the shed, you can come and ask if I'm available. No problems with that.

André

0457 680 489

Free to all shed members.

Warning for Telstra and Older iPhone owners

This is the warning Telstra issued 28 January 2026. Please read the full article at the link below if you unaware of this. Otherwise come and see me for help.

<https://www.telstra.com.au/exchange/iphone-calling-issue--what-you-need-to-know>

We're currently investigating an issue preventing some older Apple devices from connecting to our network. We're working on this as a priority with Apple and will share updates as we have them.

Devices that may be impacted:

- iPhone 8 updated to **iOS 16.7.13**
- iPhone 8 Plus updated to **iOS 16.7.13**
- iPhone X updated to **iOS 16.7.13**

Update 29 Jan 2026 at 3:30PM (AEDT):

- Apple has released a carrier settings update to fix this issue
- To install the update, follow these instructions:
- Connect your impacted iPhone to Wi-Fi
- Tap Settings > General > About
- Accept the carrier settings update by tapping "OK"
- Confirm the update installed by going to Settings > General > About and make sure it says "Telstra 54.1" next to Service Provider
- If the Service Provider version does not show "Telstra 54.1" check you're connected to Wi-Fi and repeat the steps above.

André

0457 680 489



9th January

Eleven players, totally refreshed after a two week break, arrived ready for an earlier than usual tee off. The early start was agreed to avoid the summer heat. It worked because we had the coolest day for golf this year.

It looked like we would have to improvise for the markers but JIT Bill H arrived and was able to pass them onto the first group.

The star performer on the day was also Bill H with a staggering 25 points. His 44 off the stick was a personal best. Ron bettered his handicap while Chris, Patrick and Tom all played to theirs. NTP was Steve and LP was Chris.

Lloyd claimed shot of the day. About 6 or 7 metres from the green he decided a chip and run was the best option. He chose a honky nut which was just off the green as the ideal spot to land the ball so it could run onto the green and up to the flag. The shot was played to perfection. The ball hit the honky nut and stopped dead! He then made reference to the bird swimming on the lake or the lorry driving past or something that sounded like bad luck!!

16th January

Nine players teed off on the Lakeside at Hillview. It was looking like it was only going to be eight players until JIT Bill H arrived and prepared to join the hurriedly created group 3. Bill's lateness was an indication his timing was "off" and he would not repeat his amazing efforts of last week!!!

Warren won the first award of the day for being the most flexible golfer. He went from group 2 to group 1 and then back to group 2.

It was hot very early and this was reflected in the scores. Lloyd with a winning score of 19 was the only player to play to his handicap. He also won NTP and Warren won LP. Shot(s) of the day went to Chris. He played his second shot which was a few metres off the fairway. It was well timed. It went 25 metres before it cannoned into the middle of the trunk of a large tree. It rebounded 23 metres straight back. Chris took two and a half steps forward and lined up his next shot. Bang. Another well timed shot. It hit the same tree in the same spot and came straight back 22 metres. Two full blooded shots for a nett gain of 3 metres. Luckily things improved for Chris otherwise it would have taken him another 160 shots to complete the remaining 240 metres to the flag!!!



23rd January

Eight players arrived at Armadale Hillview. However, nobody was more points (48 strokes) which was 9. The rumour is Bill H and Ron now athletes and those that want to be!!



determined to improve on their efforts from the previous week at focussed than Ron who had a blinder. He won the day with 25 points clear of Steve who finished second. share the same "naturopath" who specialises in treating elite

Lloyd won NTP and Steve LP. Bill H birdied #7 and Lloyd had a ferret birdie on #6. Everyone else went home dejected but with the phone number of a soon to be very busy "naturopath"!

Players were advised that the following week we would be playing stroke and putts on the Classic at Hillview. There was also a suggestion for those that don't count too well to wear sandals and no glove!!

30th January

Eight players arrived at Hillview ready to play to their handicap or better.

Unfortunately, not everybody did but Bill D showed what he is capable of and that his handicap is far too generous. He shot 41 for a nett 31 and easily won the day. However, like all golfers, he was still not happy and complained non stop about going in the bunker and getting a double bogie on the last hole!

Ron and Bill H managed to play to their handicaps while the rest of us.....well..... let's say.....ran out of holes before we managed to play to our true potential.

Bill D also won the competition for the least number of putts with 14. He beat Bill H on a count back. Bill H was putting like a pro for the first seven holes with just a miserly 8 putts. Then the wheels fell off and he finished the round with two Volkswagens (putt putt putt).

Bill D also won NTP.

Barrie won LP despite questions raised as to whether it met the qualifying length!

Cheers

Lloyd





*Tony Taylor, the leader of our Art Group has moved to Shelley.
He is unable to continue leadership of the Art Group on Tuesday afternoons.
For the group to continue we are looking for a new group leader.
Please contact the office if you are interested in taking on this role.*

The Art Of Non-Art

The urinal below may seem ordinary, even a bit unclean, but it is actually an incredibly famous piece titled "Fountain" by Marcel Duchamp.

The urinal, which is signed "R.Mutt" and was created in 1915, is often cited as the zenith of Dadaism.



Dadism began as a reaction to World War I as an art and literary movement that valued irrationality and confusion over logic, nationalism, and reason. Dada artists viewed themselves as non-artists creating non-art (which, in doing so, made their pieces of non-art art). The artistic movement (or non-movement as they might call it) laid the groundwork for abstract art.

Duchamp created "Fountain" in 1915 to be shown in an art show featuring avant-garde works. The urinal, which was submitted to the show under the pseudonym R. Mutt, was intended to taunt the avant-garde artists, as it attacked traditional artistic values and guidelines as many Dada artists intended. While many people still maintain that "Fountain" isn't art, others argue that the action of Duchamp choosing the urinal and classifying it as art makes the piece art.



A case of pleasure & work
You can earn big \$'s driving a large dozer, so can afford a snazzy runabout!



Darts



Get social & invite the Golf Group for a game!

Above is the Halex double sided board with Golf on one side and a traditional board on the other.. Other combinations were made, one featured Baseball.



Table Tennis



Two of the Senior Elite Table Tennis athletes, with a combined age of 166yrs, showing the others how it's done. Both athletes are older than the Shed Avg age!



"Winners at tennis, yes - table tennis, no!"

WAKE UP YOUR MUSCLES

Tuesday Morning @0820 prior to Yoga and Friday morning at 0830. These sessions last for about 30 to 40 minutes. Helps build strength, balance, flexibility and co-ordination. Helps to feel good and may assist in managing lower back pain. All welcome, no equipment required.
Al Gordon—Coordinator

For those attending the Yoga classes, some may have that feeling that they have as yet not reached their full potential/development.

I will keenly await photos, for publishing in the Newsletter, of those that have attained a higher level of proficiency, such as the:-

The Eight-Angle Pose



For us 'Seniors' maybe Chair Yoga would be more suitable





Camera

Every Wednesday 9:am - Noon in the Wiltshire Room

We have been rather slow getting underway for the New Year. Attendances have been inconsistent, but in spite of that we have had some worthwhile discussions and viewed various member images.

This last week we spent the whole morning discussing the pros and cons of RAW and JPEG format for capturing images. We did not conclude with a definitive answer as each format suits different photographic needs. If you have the time to invest in post processing all your images and storage is not a problem RAW is definitely the way to go. However, if you only require reliable images for travel records and there is not the inclination to post process every image, then high quality JPEG is the way to go.

It is apparent RAW is not the format for everyone, but for those with the inclination to make an image what they want it to be it is the best option.

This is not a competitive group. We are a discussion / skill sharing group and enjoy the challenge of assisting you resolve your photographic or equipment challenges. Come along and join in on Wednesday mornings from 9:00am to Noon.

What are RAW files?

RAW files contain uncompressed and unprocessed image data, allowing photographers to capture practically every detail they see in their viewfinder. The RAW file format stores the largest amount of detail out of any raster file type, which photographers can then edit, compress, and convert into other formats.



Music Group

This months oddball musical instrument would be a worthy addition to the group - plug this into the Amp & let rip.



Meet the **Sarangi** - which is a strange rectangular wooden box instrument with three strings played with a bow or plucked like a guitar.

It's a traditional Indian instrument, sublimely weird in its complexity and a very haunting sound.

The body is carved from a piece of wood and has three 'stomachs' or sound chambers which are usually covered in goatskin.

As many as 37 thin steel strings rest between the soundboard and three main gut strings.

The warmer weather is not stopping the regular riders getting astride their bikes for 40+km rides. There must come a time when we run out of cafes within a 40+km radius, Maybe take a cut lunch & a water bag!



An early start on what was going to be a warm day, saw us having our coffe/cake at the Carlisle Bakery 15/1.

At the Lo Quay cafe Riverton Bridge 22/1

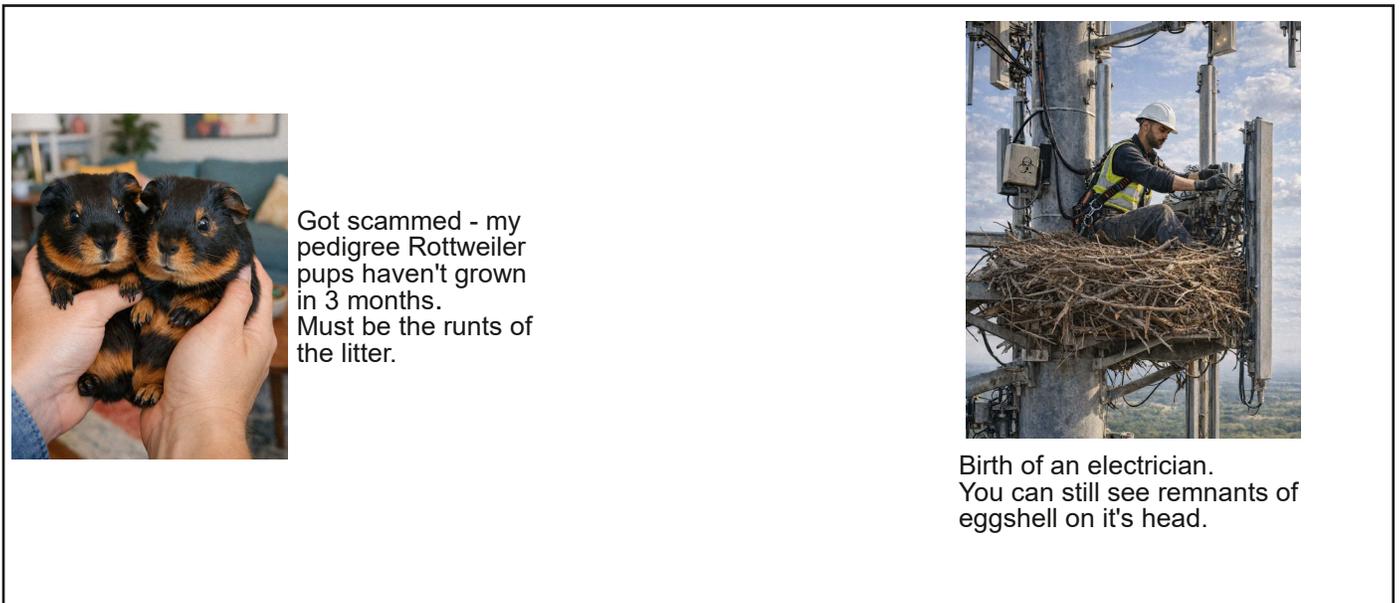


Burswood Circus 5/2
No, that's not an arrow pointing to Rob, It's just great positioning to intersect with a structural beam!



12/2/26 Forrestdale

Just found my new bike!!



Got scammed - my pedigree Rottweiler pups haven't grown in 3 months. Must be the runts of the litter.

Birth of an electrician. You can still see remnants of eggshell on it's head.

Cleaning Roster

Week Commencing	Name	Contact #	Name	Contact #
16-Feb-26	Andre Hoareau	9458 1499	Rob Shewan	9459 5610
23-Feb-26	Warren Standing	0429 932 825	Graham Robinson	0455 499 771
02-Mar-26	Phil Measday	0439 824 565	Jim Ridgwell	0429 939 823
09-Mar-26	Alan Gordon	9493 0894	Mick Atkinson	0415 962 754
16-Mar-26	Martin Troy	0450 477 369	Colin Sears	0437 801 570

Please check the roster on the Notice Board to confirm dates!

Certificate of Appreciation from Motorcycle Mens Shed - Christmas Toys



Westate Embroidery



Polo Shirt \$22.50
 Shed Logo \$12.50
 First name \$5.50
 Total Cost \$40.50

WESTATE EMBROIDERY
 Unit 1/ 111 Kelvin Road
 Maddington WA 6109
 08 9493 0349
enquiries@westateembroidery.net.au

Golf Club Sign

Here is an actual sign posted at a golf club in Scotland UK:

1. BACK STRAIGHT, KNEES BENT, FEET SHOULDER WIDTH APART.
2. FORM A LOOSE GRIP.
3. KEEP YOUR HEAD DOWN!
4. AVOID A QUICK BACK SWING.
5. STAY OUT OF THE WATER.
6. TRY NOT TO HIT ANYONE.
7. IF YOU ARE TAKING TOO LONG, LET OTHERS GO AHEAD OF YOU
8. DON'T STAND DIRECTLY IN FRONT OF OTHERS.
9. QUIET PLEASE...WHILE OTHERS ARE PREPARING.
10. DON'T TAKE EXTRA STROKES.
WELL DONE.. NOW, FLUSH THE URINAL, GO OUTSIDE, AND TEE OFF

Did I read that sign right?

In an office:

TOILET OUT OF ORDER..... PLEASE USE FLOOR BELOW

In a Laundromat:

AUTOMATIC WASHING MACHINES: PLEASE REMOVE ALL YOUR CLOTHES WHEN THE LIGHT GOES OUT

In a London department store:

BARGAIN BASEMENT UPSTAIRS

In an office:

WOULD THE PERSON WHO TOOK THE STEP LADDER YESTERDAY PLEASE BRING IT BACK OR FURTHER STEPS WILL BE TAKEN

In an office:

AFTER TEA BREAK STAFF SHOULD EMPTY THE TEAPOT AND STAND UPSIDE DOWN ON THE DRAINING BOARD

Outside a second-hand shop:

WE EXCHANGE ANYTHING - BICYCLES, WASHING MACHINES, ETC. WHY NOT BRING YOUR WIFE ALONG AND GET A WONDERFUL BARGAIN?

Notice in health food shop window:

CLOSED DUE TO ILLNESS

Spotted in a safari park:

ELEPHANTS PLEASE STAY IN YOUR CAR

Seen during a conference:

FOR ANYONE WHO HAS CHILDREN AND DOESN'T KNOW IT, THERE IS A DAY CARE ON THE 1ST FLOOR

On a repair shop door:

WE CAN REPAIR ANYTHING. (PLEASE KNOCK HARD ON THE DOOR - THE BELL DOESN'T WORK).

Notice in a farmer's field:

THE FARMER ALLOWS WALKERS TO CROSS THE FIELD FOR FREE, BUT THE BULL CHARGES.



Bird Feeder

Assisted member Trevor Young recently made a bird feeder, with help in the workshop.

As can be seen it has now been installed at his home and is very successful.



Electric and hydrogen vehicle labels requirements

Electric (including hybrid) and hydrogen powered vehicles built or modified on or after 1 January 2019 must display labels on both the front and rear vehicle licence plates.

The introduction of labels aligns Western Australia (WA) with other Australian jurisdictions and the Australian Light Vehicle Standards Rules (ALVSR).

This initiative aims to assist emergency services in quickly identifying electric or hydrogen powered vehicles, enabling them to take appropriate precautions.

When is this commencing?

The requirements will commence on 1 January 2026. However, there will be a 12 month transitional period with enforcement from the WA Police Force and Authorised Inspection Stations for not displaying the labels not commencing until 1 January 2027.

More Information at the following website:-

<https://www.transport.wa.gov.au/projects-planning/electric-vehicles/electric-vehicle-labels>